



Northmont 2026 Boys Tennis

Informational Parent Meeting

Introduction: My name is Connor DeWine. I am an Intervention Specialist at Northmoor Elementary School and in my seventh year of teaching. I have been an assistant coach for the boys and girls tennis teams the last couple seasons and this will be my first season as a head coach for the boys team. We will play and practice under the OHSAA rules and regulations.

Topic	Important information
Season Eligibility	<ul style="list-style-type: none"> ● Fees - paid by first match (April 6h). Either pay through Final Forms or turned into the Athletic Department. ● Students need to passing 5 classes, this includes seniors. ● Students must be at school for at least 3 periods to be eligible to practice/play on any given day. ● Each Athlete will need at least 1 white uniform and 1 Kelly green uniform (new uniform).
Practice	<ul style="list-style-type: none"> ● Practice will start at 3:10 pm and end at 5:00 pm throughout the season - unless communicated differently. Conditioning on March 2nd and 3rd will be from 3:10 - 4:30 pm ● School ends at 2:50 pm and athletes will have 20 minutes to be ready down at the courts. ● Athletes need to communicate with coaches if they are going to be late or miss a practice.
Match Day	<ul style="list-style-type: none"> ● Students will wear the specified uniform color on our weekly schedule. We will alternate colors each match. Students should have appropriate clothing for the weather when they aren't playin ● Students should be down to the tennis courts by 3:10 pm ● Buses will hopefully be available between 3:45 - 4:00 pm. ● <u>Home</u> matches will end anywhere between 6:00 pm and 7:00 pm. <u>Away</u> matches - we won't get home until after 8:00/8:30 pm (Some nights will be later, but will be communicated) ● Snacks: I would like to keep a bag of snacks available to athletes for matches. If you are able to provide a few snacks, that would be greatly appreciated.
Match Day Etiquette	<ul style="list-style-type: none"> ● Parents - We cheer for positives only. We avoid speaking to opponents or coaching from the sidelines. We do not stand up against the fencing. ● Athletes: You represent the Northmont community. Only positive remarks and being supportive of all teammates. <ul style="list-style-type: none"> ○ There is an expectation that athletes will stay at the match to support teammates until the end of each match, whether Varsity or JV.



Setting the Standards

Culture is what we consistently do—how we show up, support one another, and represent our program. At Northmont, our school culture starts with the “All N”, which stresses **Citizenship, Commitment, Consistent, Coachable, Community**. It’s not just about winning matches; it’s about how we practice, how we treat each other, and how we handle adversity. Every player contributes to this culture, and together, we shape the team experience.

Cultural Pillars	What it means?
Citizenship	<ul style="list-style-type: none">● Having integrity on and off the court● Displaying “The Northmont Way”● Avoiding drugs, alcohol, and vaping● Speaking positively of teammates/coaches
Commitment	<ul style="list-style-type: none">● Attending all practices and matches● Practicing how we want to play during matches.
Consistent	<ul style="list-style-type: none">● Consistent attitude - effort - actions● Displaying We > me
Coachable	<ul style="list-style-type: none">● Trusting coaches to have best interest● Prioritizing communication over complaining and blaming<ul style="list-style-type: none">○ Athletes should communicate with coaches before parents.● Be willing to learn and grow on and off the court.
Community	<ul style="list-style-type: none">● Representing Northmont at all times.● Representing your coaches at all times.● Representing your teammates at all times.● Representing your family at all times.● Representing yourself at all time.● We will “Leave places better than we found it”

Health and Safety:

Concussion Protocol	<p>If an athlete shows signs of a concussion:</p> <ul style="list-style-type: none">● They are immediately removed from play.● May not return to play the same day.● Must be cleared by a licensed medical professional using an OHSAA Return-to-Play form.
Cardiac Arrest - Lindsay's Law	<p>To protect youth athletes from the risk of sudden cardiac arrest (SCA) during sports. Coaches, parents, and athletes are required to sign a form understanding the risks or have a training on the topic.</p>
Hydration and Cold related issues	<p>Water breaks are scheduled frequently during high-heat days.</p> <p>Coaches monitor for signs of cold-related issues.</p> <p>Practice and matches will be rescheduled if temperature is below 40 degrees at the start of the practice/match.</p>
Injury Prevention and Response	<ul style="list-style-type: none">● Coaches are trained in basic first aid and CPR.● Athletic trainers (if available) are primary responders.● Athletes with injuries must follow the Return-to-Play protocol.

Communication is key to a smooth season so I will be communicating with everyone quite often. Please make sure that you are checking your email and if you have not been added to the Remind group, and would like to be, let me know. My email is the best way to communicate with me, especially throughout a school day.

Email: connor.dewine@northmontschools.net

Remind group code: ntennis26

If you have questions or concerns, please reach out and I will address the email within 24 hours.

Connor DeWine